

ARUN S. RAO, M.D., AGSF, FACP

EDUCATION

- **M.D.** Rutgers- Robert Wood Johnson Medical School, Piscataway, NJ 1993-1997
- **B.S. (*with distinction*)** The University of Michigan, Ann Arbor, MI 1989-1993

MEDICAL TRAINING

- **Geriatric Medicine Fellowship:** The University of Michigan Medical School, Ann Arbor, MI 2000-2002
- **Internal Medicine Residency:** Rutgers- Robert Wood Johnson Medical School, New Brunswick, NJ 1997-2002

ADDITIONAL TRAINING

- **Stanford University Faculty Development Program in Health Literacy & Ethnogeriatrics** 2009
- **Harvard Macy Program for Physician Educators** 2004
- **Educating Physicians in End-of-Life Care (EPEC)** 2003

WORK EXPERIENCE

- **Geriatrics Planning & Solutions, Inc., Pennington, NJ, CEO & Owner** 2023- present
 - Direct-pay geriatrics house call practice for medical care management, palliative care, dementia support
- **Penn Medicine Princeton Health, Plainsboro, NJ** June 2020- present
 - **Medical Director, Quality Analytics & Clinical Effectiveness** 2022- present
 - **Medical Director of Care Coordination** 2020-2022
 - **Inpatient Clinical Geriatrics Consultant** 2022-2023
- **Erickson Living, Seabrook Village, Tinton Falls, NJ- Medical Director** Oct 2018-April 2020
 - Clinical sites: ambulatory practice; house calls; assisted living; skilled nursing (rehabilitation & long-term care)
- **LIFE St. Mary, Trevoise, PA, Medical Director & Primary Care Physician** Jan 2012-Sept 2018
 - Clinical sites: day center/ambulatory practice; hospital; house calls; skilled nursing (rehabilitation & long-term care)
- **St. Peter's University Hospital, New Brunswick, NJ** Oct 2010-Dec 2011
 - **Chief, Division of Geriatrics**
 - **Medical Director**, The Margaret McLaughlin McCarrick Care Center, Somerset, NJ
 - Clinical sites: ambulatory practice; hospital; skilled nursing (rehabilitation & long-term care)
- **Weill Cornell Medical College, New York, NY** Jul 2002-Sep 2010
 - **Assistant Professor of Medicine**, Division of Geriatrics,
 - **Medical Director**, Gruss-Lipper House Call Program
 - **Associate Director**, Geriatric Medicine Fellowship Program
 - **Attending Physician**, Department of Medicine, Weill Cornell Medical College/NYPH
 - Clinical sites: ambulatory practice; house calls; hospital; skilled nursing (rehabilitation & long-term care)
- **Medco Health Solutions, Franklin Park, NJ** 2008-2012
 - Consultant, Pharmacy and Therapeutics Committee

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BOARD CERTIFICATION/LICENSURE

- American Board of Internal Medicine, Geriatric Medicine
 - Initial certification 2002
 - Recertified 2012, 2022
- American Board of Internal Medicine, Internal Medicine
 - Initial certification 2000
 - Recertified 2010, 2020
- NY State License 224458
- NJ State License 25MA06874200
- PA State License MD444017
- DEA BR6887220

PROFESSIONAL SOCIETY MEMBERSHIPS

- American Geriatrics Society (AGS), Fellow
 - Former Member, Ethnogeriatrics Committee (2004-2010)
 - **Recipient of two AGS Outstanding Service to Committee Awards, 2009 & 2013**
- American College of Physicians, Fellow
- Dementia Society of America- Advisory Council Member 2023-present
- Aging Life Care Association- 2023, pending membership

GRANTS/AWARDS

- **The American Geriatrics Society- Outstanding Service to Committee Award** 2009 & 2013
- **Weill Cornell Medical College- Excellence in Teaching Award** 2010
- **Bureau of Health Related Professions/HRSA- Geriatric Academic Career Awards** 2002-2010
- **Cornell Institute for Translational Research in Aging- Research Grant** 2008-2010

SELECTED PUBLICATIONS

Rao AS et al. Section editor for “Culturally Effective Care & Health Literacy” chapter for the eBook- Geriatric Care by Design. May 2010.

Rao AS, Deshpande OM, Jamoona C, Reid MC. Elderly Indo-Caribbean Hindus and End-of-Life Care: A Community-Based Exploratory Study. *Journal of the American Geriatrics Society* 2008; 56: 1129-1133.

Periyakoil VJ, **Rao AS**, Sharma P. “Hindu American Elders” Doorway Thoughts: Cross-Cultural Health Care for Older Adults, Vol 3 Eds. Adler RA, Kamel HK. Sudbury, MA: Jones and Bartlett Publishers. May 2008.

Rao AS. “Subcontinent Elders” The Encyclopedia of Elder Care. Eds. Capezuti EA, Siegler EL, Mezey MD. New York: Springer Publishing Company, 2008. 750-752.

Deshpande O, Reid MC, **Rao AS.** Attitudes of Asian Indian Hindus Towards End-of-Life Care. *J Am Geriatr Soc* 2005; 53: 131-135.

Breckman R, Adelman R, Lachs M, Anderson M, Ansell P, Capello C, Chin D, Mole D, Pillemer K, Race J, **Rao AS**, Reid C, Rosenstiel D. A geriatrics psychosocial screening tool for use in primary care practice: Needs assessment and instrument development. *The Gerontologist* 2003; 43: 298.

Rao A and Bradley SF. *Clostridium difficile* in Older Adults and Residents of Long-Term Care Facilities. *Annals of Long-Term Care* 2003; 11: 42-47.

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Rao AS, Mody L, Bradley SF. Significance of Ceftazidime-resistant (CTZ-R) gram-negative bacilli (GNB) in long-term care facilities. Journal of the American Geriatrics Society 2002; 50(4, Supplement S1-S204): S113.

Harrison LB, Zelefsky MH, Pfister DG, Carper E, Raben A, Kraus DH, Strong EW, **Rao A**, Thaler H, Polyak T, Portenoy RK. Detailed Quality of Life Assessment in Patients Treated with Primary Radiation Therapy for Squamous Cell Cancer of the Base of Tongue. Head & Neck 1997; 19: 169-175.

INTERESTS & LANGUAGES

- Language proficiency:
 - English, French, & Kannada- fluent
 - Marathi & Hindi- proficient
- Interests
 - Fitness/swimming
 - Cooking/baking
 - Traveling
 - French